



PA SFA SUPPRESSION "AOTR" TRACK

Courage To Be Safe (CTBS) – This 4-hour program is designed for firefighters and fire officers alike. It introduces all attendees to the 16 Life Safety Initiatives. By exploring Line of Duty Death case histories in Pennsylvania and thought provoking discussion, attendees leave the program with a renewed sense of firefighter safety.

"Rapid Intervention Team Exercises" (ZRITE) - offered as a 16-hour course teaching personnel the skills necessary to locate and remove firefighters who become lost or trapped during structural firefighting operations. This class was formally "Rapid Intervention Crew Exercises" (RICE) that was rewritten to maintain stride with the latest and most popular firefighter rescue techniques. Students perform physically demanding exercises during drills and rescue scenarios such as breathing apparatus changeovers, enlarged opening/breaching, and disentanglement drills. This program demonstrates the need for a well-staffed and well-trained team.

Firefighters that would like to apply must demonstrate that they have completed the following:

- PA Entry Level Firefighter Training Program (ELIF) with live fire; OR
- PA Entry Level Firefighter Training Program (ELIF) with no live fire AND Structural Burn Session; OR
- Essential Basic Module (EBM) AND Structural Burn Session
- Rapid Intervention Team Concepts (RITC)
- Firefighter Survival (SURV)
- Structural Fire Rescue (SFR), OR Basic Vehicle Rescue (BVR), or Fire Rescue (FRES), OR equivalent
- Five (5) years of experience.

"Rapid Intervention Team Exercises Extended (ZRITX) – is a 16-hour follow-up course for students that have successfully completed "Rapid Intervention Team Exercises" (ZRITE) or "Rapid Intervention Crew Exercises" (RICE). This challenging program provides advanced skills and procedures for locating and removing lost or trapped firefighters from structural fire environments. This expanded course is the recommended next step for training rapid intervention teams and nationally recognized techniques are taught in this class. The class is best conducted in an acquired structure, preferably a 2-story building. There is no live fire, but students are expected to break glass, enlarge window openings, and cut holes in the interior and exterior walls and interior floors. Like the "ZRITE" class, it culminates in practical scenarios designed to test a rapid intervention team's ability to locate and remove a downed firefighter. This demands that the student perform physically demanding exercises during drills and rescue scenarios. Specific focus is on removing firefighters from above and below grades. The Columbus and Denver drills are also part of this program.

Fire departments that would like to host this program should have a structurally-sound acquired structure prior to the start of class. Organizations should expect the structure to suffer extensive damage that may require it to be demolished.

Firefighters looking to attend must have completed

- ZRITE program; OR
- Rapid Intervention Crew Exercises (RICE).



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"Large Area Team Search Operations" (ZLASO) – is a 12 hour class designed to teach firefighters the techniques of searching buildings the size of a convenience store up to, and including occupancies that are thousands of square foot under roof. Incidents such as the Worcester Cold Storage Warehouse and the Charleston Sofa Superstore have earned their place in history. Large buildings are statistically more dangerous for both firefighters and occupants. In the two cited examples, 15 firefighters lost their lives. Course material was developed from techniques utilized by the Jersey City Fire Department that combine basic search techniques with search ropes to establish landmarks inside the building, communications and different levels of team deployment. This course contains exercises using drill and rescue scenarios.

Fire departments that are considering hosting this program will need to secure a building for the practical portion of the program. Firefighters that are going to apply for the program will need to demonstrate that they have successfully completed either the

- PA Entry Level Firefighter Training Program (ELIF) with live fire; OR
- PA Entry Level Firefighter Training Program (ELIF) with no live fire AND Structural Burn Session; OR
- Essential Basic Module (EBM) AND Structural Burn Session.

"Fire Officer I Certification" (ZFOI) – This 44-hour course is designed for current or future fire officers/firefighters to obtain their Fire Officer I certification by successfully completing this 6-day program and testing to the NFPA 1021 –Standard for Professional Fire Officer Qualifications. The program deals with basic fire officer principles including management and command. The optimum scheduling for this course is three weekends over a five-week period with a weekend off between each weekend class session to allow students time to study and prepare projects for the class and certification process. This program is a mix of lecture and the use of practical exercises to support the skills required of a fire officer.

Fire Officer 1 applicants will need to demonstrate that they have completed the following:

- Incident Command System training course;
- Hazardous Materials Operations Training within the past twelve (12) months;
- Certified at the NFPA 1001 Firefighter 2 level and NFPA 1041 Fire Instructor 1 level.

Additional information can be found in the Fire Officer 1 Certification Application located on the Fire Commissioner's Website. The text book and study guide for this course will be provided at no cost to the applicant.

"Fire Officer II Certification" (ZFOII) – If you have obtained your Fire Officer I certification, you can obtain Fire Officer II certification by successfully completing the next step in professional certification. This 44-hour course is designed for fire officers/firefighters to obtain their Fire Officer 2 certification by successfully completing this 6-day program and testing to the NFPA 1021 –Standard for Professional Fire Officer Qualifications. The program prepares the company officer for supervisory and management tasks associated with the multi-unit response operations. The course presents that material in a mix of lecture and practical exercises. The optimum scheduling for this course is three weekends over a five-



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week period with a weekend off between each weekend class session to allow students time to study and prepare projects for the class and certification process.

Fire Officer 2 applicants will need to demonstrate that they have completed the following:

- *Incident Command System training course;*
- *Certification as a Fire Officer 1 under NFPA 1021*
- *Hazardous Materials training to the Operations level or greater within the past 12 months.*

Specific information can be found by reviewing the Fire Officer 2 certification application located on the Fire Commissioner's website.

Questions/Comments: Contact State Fire Academy – Office of State Fire Commissioner

www.osfc.state.pa.us

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